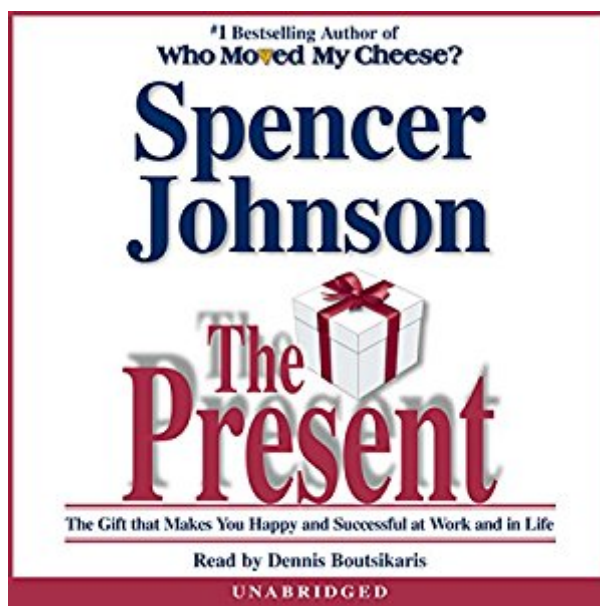


The book was found

The Present: Enjoying Your Work And Life In Changing Times



Synopsis

Another Spencer Johnson #1 Bestseller#1 New York Times Business#1 Wall Street Journal#1 BusinessWeekFrom the Author of Who Moved My Cheese?Dr. Spencer Johnson's stories of timeless, simple truths have changed the work and lives of millions of readers around the world. Now comes an insightful new tale of inspiration and practical guidance for these turbulent times.
Good Things Happen To Those Who Open The PresentThe Gift That Makes Your Work And Life Better Each Day!For over two decades, Spencer Johnson has been inspiring and entertaining millions with his simple yet insightful stories of work and life that speak directly to the heart and soul. The Present is an engaging story of a young man's journey to adulthood, and his search for The Present, a mysterious and elusive gift he first hears about from a great old man. This Present, according to the old man, is "the best present a person can receive."
• Later, when the young boy becomes a young man, disillusioned with his work and his life, he returns to ask the old man, once again, to help him find The Present. The old man responds, "Only you have the power to find The Present for yourself."
• So the young man embarks on a tireless search for this magical gift that holds the secret to his personal happiness and business success. It is only after the young man has searched high and low and given up his relentless pursuit that he relaxes and discovers The Present "and all of the promises it offers. The Present will help you focus on what will make you happier and more successful in your work and in your personal life, today! Like the young man, you may find that it is the best gift you can give yourself. www.ThePresent.com --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

Staying focused on what you actually can have control over and its results. Fantastic read about dealing with the anticipation of change and dealing with change itself. Excellent read.

The book of the week was *The Present* by Spencer Johnson. This is another quick read written by Johnson... Fictitious stories conveying a great idea. This one is about maintaining a good mental focus on life and using it to stay happy. The story was about a boy and an old man. The old man is a mentor to the boy and guides him through his life using his life philosophies. The story is just that simple... and the philosophies go like this: Be Present- Focus on what is right now. Use your purpose to respond to what is important now. Learn from the Past- Look at what happened in the past. Learn something valuable from it. Do things differently in the Present. Plan for the Future- See what a wonderful future would look like. Make plans to help it happen. Put your plan into action in the Present. All these things seem so simple, but sometimes the simplest idea is the one that we overlook. I have been thinking a lot about this subject lately. I had a big old master plan based on my current living situation and now my living situation is changing. I would say the most disappointing thing is that I felt like I was unable to make long-term plans. Then this week I was hit with some wisdom from a friend when talking about this very subject. He said "Plan to depend." I have been thinking a lot about it... I am a religious man and I have been thinking about that phrase. I now have a newer outlook on planning.. I will now make plans to depend on God. I will still make plans, but I will make plans with more adaptability depending on where he needs me. So how does this change the way I make my plans? In the future I will be making my plans with sub-plans. For instance, if I am living in Colorado and I make a few commercial real estate purchases I will make plans to cover me if I have to move to New York. This can be done by lining up property management companies if you are self-managing or having potential buyers in place in case you want to do a complete liquidation. This whole concept really makes the tie between both of Johnson's books; *Who Moved My Cheese* and *The Present*. Understand change will happen and then adapt to it... while at the same time living in the Present and learning from past experiences to do better in the future. There is a lot of places I can go with this subject, but the most important thing to realize is to focus on today, this will keep you happy and less stressed. Today is the only thing you can control... You can't control the mistakes you've made in the past and you can't completely control where you'll be 5 years from now. Just do your best at everything you do today, in the Present. Now, I don't want to discourage anyone from planning because it might not happen precisely how you envision it... it's still very important to plan, but instead of having your plan be the

end-all-be-all... "plan to depend." This book is a quick and easy read, and I think it's worth while picking up. As always, if you have any questions on the book don't hesitate to ask. I would be more than happy to help anyone that wants it.

Great inspirational piece. It was recommended to me by my hair stylist who so happens to be a life coach of some sort and I suppose by talking she realized I was in a phase of my life where this book could help. This book has truly helped me, my approach to life and circumstances has changed because of this book. From time to time when I feel like I need a reminder I read this book again. I have been recommending this book to anyone who I feel needs the same positive advice that received.

I did enjoy reading the book and it was a good introduction into the idea of thinking in the present moment. My only issue was that it was a bit too simple. There was no real practical information or excercises to really do in order to help me process the information I was learning. As mentioned it did get me started with the process of focusing on the present, and it helped me to understand what I was really doing that was causing stress and anxiety in my life. I would recommend it to someone just as long as they don't spend a lot of money on it.

People who are trying to find their way in life regularly ask me what books I recommend to help them. Beyond recommending the Bible I always recommend The Present. This is a book which I have read numerous times highlighting and rereading sections all the time. Whenever I feel I have lost my way I go to the Bible and this book. I have even been known to purchase and send this book to individuals who I feel really need it.

This book is an awesome read for anyone! But it is especially great for those that aren't quite happy with where they are in life, and aren't really sure how to change their situation. This book changed my outlook on my situation and it allowed me to view things as a whole in a different manner. I would recommend this book to anyone looking for simply a great book to read or for a little encouragement along the way.

ok

The book was recommended by my Physician. Really easy read that was thoughtful and insightful

on life. It really boiled down the essence of what life is about and how we as individuals should navigate through it. We as humans over complicate stuff that creates anxiety and burns up so much mental/emotional energy over "non-sense". This book shows you how to avoid that dynamic. Great read!!

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